

Wellness/Development - Spring 2017

FEB

- ⇒ Weight Management Challenge 2/1-3/14
- ⇒ Grilled Desserts Cooking Class 2/14
- ⇒ Women & Investing 2/21
- ⇒ Mind Your Own Business 2/28

MAR

- ⇒ The Role of Insurance in Financial Planning 3/7
- ⇒ Dips at your Desk Cooking Class 3/16
- ⇒ Steps Challenge 3/20-4/3
- ⇒ Customer Service in Schools 3/28

APR

- ⇒ Benefits & Wellness Fair 4/6
- ⇒ Well Being Seminar 4/18
- ⇒ Respect and Harassment Awareness 4/25
- ⇒ Walking Wednesdays

MAY

- ⇒ Walking Wednesdays

JUN

- ⇒ Walking Wednesdays

JUL

- ⇒ Walking Wednesdays



WELLNESS
WORKS

* additional details available from HR and Campus Bulletin.