



The Office of Student Health & Wellness
And the Campus Care Team Presents

1st Thursday JANUARY 9

New Year's Welcome Back Celebration

Campus Care Fair

4:30 pm - 5:30 pm

Health & Wellness Check-In - SUB Atrium

The Lincoln Care Team will "party with a purpose" for this New Year's Welcome & Health Care Check-In. Students will party while touring Care Team areas Health and Wellness info booths. Student can register for giveaways.

5:30 pm - 6:30 pm

New & Senior Student Toast - SUB MPR

Board Games, Music, Giveaways, Games, Photo Shoot

6 - 7:30 pm

Muslim Student Welcome - Muslim Prayer Room, LLC, 2nd Fl.

Join in this chat and chew interest meeting. This is open to all Lincoln students to meet the new Imam, sign-up for activities and explore ideas for the 2020 Spring Semester.

7 pm & 9 pm

Thursday Lion's Movies - SUB Theater

Concurrent Sessions Wellness Activities

7 to 9 pm

2020 Vision Board &
Vision Bracelet Workshop

SUB Lair

7 to 9 pm

Swimming

Manuel Rivero Pool

7 to 9 pm

Bfit4U Personal Trainer Workout

Wellness Room 133

New Year's Welcome Back Party:

New & Senior Student Toast

Health & Wellness Check-In

Muslim Student Welcome

Lion Movie Night

Vision Board & Vision Bracelet Workshop

Swimming

BFIT4U Personal Training

Register for these events on Engage Lincoln Lions

<https://lincoln.givepulse.com/group/170238-Engage-Lincoln-Lions>

Yoga Returns in February!

