

Camp Date/Ages

DATE: August 1-5 Mon-Thurs 9am -3pm
Friday 9am -1pm

LOCATION: Manuel Rivero Hall (Main Gym on
Lincoln University Campus)

PRICE: \$150 for the week

- \$50 additional fee for Early Drop Off/Late Pick Up
- \$75 Deposit Due July 18th

Please call for Group Rates

AGES: 8-16

CAMP FEATURES

- Skill development stations & individual skills contests
- Players grouped by age and ability
- Lectures and demonstrations from coaches/players
- Competitive games, awards, and daily prizes
- Option to Purchase Lunch/Bring bag Lunch



INSURANCE WAIVER

All camp participants are required to complete a camp medical waiver during registration on the 1st day of camp. For accommodations to complete the form in advance, contact dmosley@lincoln.edu

REGISTRATION

To Register:

- Call either 484-365-7308 or 610-858-9213
- Email dmosley@lincoln.edu or asammons@lincoln.edu
- Walk-ups welcome



Doug Overton
arrell Mosley

ELITE BASKETBALL CAMP

AUGUST 1st - 5th

Lincoln University
1570 Baltimore Pike
Lincoln University, PA
19352



**Make Time, To Get
BETTER**

Phone: 484-365-7308

Phone: 610-858-9213

Email: dmosley@lincoln.edu

Web site: www.lulions.edu



Camp Philosophy

Lincoln's Basketball Camp director is newly hired and past NBA player Doug Overton and is for boys and girls who want to improve their skill set in the game of basketball. The camp will focus on the fundamentals of the game while providing positive feedback to all campers. The camp will also include a fun-filled environment where kids can enjoy the game of basketball while learning various ways to work on their game throughout the year. Players will be placed into age groups and then may be moved according to playing experience, size and skill level. Each group will have a coach from the Lincoln basketball staff.



DayCamp Schedule

- 8:00 AM Early Morning Drop Off
- 9:00 AM Morning Team Meeting
- 9:15 AM Fundamental Skill Stations
- 10:30 AM Break
- 10:45 AM 3-on-3 Competition
- 11:30 AM Individual Contests
- 12:00 PM Lunch & Free Shoot
- 12:45 PM Roll Call
- 1:30 PM The Money Game
- 2:00 PM Full Court Team Games
- 3:00 PM Dismissal
- 3:00-4:00 PM After Care

COACHES AND TRAINERS

Doug Overton (Men's Head Coach)

Darrell Mosley (Women's Head Coach)

- Women's and Men's Staffs
- Current and former Lincoln student-athletes as Camp Counselors
- Certified Athletic Trainer on-site

Sign-up Form

Camper's Name:

Parent's Name(s):

Address:

City:

State: _____ **Zip:** _____

Phone:

(____) _____

Alt. Phone:

(____) _____

Email:

Grade (Sept. 16'): _____

DOB: ____/____/____

Please note any medical conditions that we should be aware of:

Please Make Check payable to:
No Opponent Inc.

Mail To:
PO Box 103
Clifton Heights, PA 19018
www.noopponent.com