

#FreshCheckDayLincoln

**Be good to yourself, you deserve it! Come join us for
Lincoln University's Fresh Check Day**



WHAT: INCREASE YOUR CHANCES FOR SUCCESS

WHEN: Monday, April 3, 2017

WHERE: Wellness Café in the Wellness center

TIME: 5:00 p.m. – 7:00 p.m.

#freshcheckdayLincoln will feature music, food, rock climbing, yoga demonstration, massages, playing with balls, practice being arrested, art, test your mood, games, and much more. Participate in our interactive booth activities for a chance to win *gift cards, flat screen T.V. and great prizes.*